

## RACE INFORMATION

### T3 Kids of Steel Splash & Dash



(For Kids of Steel® information visit [www.competitions.mb.ca](http://www.competitions.mb.ca))

Date: **Tuesday August 23, 2011**

Place: **Fitness & Recreation Centre, Building 90 on Whytewold Road, 17 Wing Winnipeg**  
1 ½ blocks North of Ness Ave

Times: 4:00 to 5:00 PM -- check –in / race day registration opens  
5:15 PM – Pre-race meeting for all athletes  
5:30 PM – races begin

Distances:

- 6&7 years old – 50m swim + 500m run
- 8&9 years old – 100m swim + 1.2K run
- 10&11 years old – 200m swim + 2.4K run
- 12& 13 years old – 300m swim + 3.6K run
- 14& 15 years old – 500m swim + 4.8K run

The swim takes place in an indoor swimming pool. The run is on a 1200m gravel track.

A link to an entry form can be found by clicking on the link on our Kids of Steel Race Series page.  
[http://www.competitions.mb.ca/Races\\_KidsOfSteelSeries.aspx](http://www.competitions.mb.ca/Races_KidsOfSteelSeries.aspx)

Registration forms can be mailed or dropped off at the Triathlon Manitoba office, 145 Pacific Ave, Winnipeg, MB, R3B 2Z6. There is no online registration for this event.

The early registration deadline is Friday August 19. Race day registrations will be accepted.

### **FOR MORE INFORMATION**

Contact Triathlon Manitoba at [info@competitions.mb.ca](mailto:info@competitions.mb.ca) (204) 925-5636