

# 2017 RESULTS V2



The St Malo Organizing Committee apologizes to the participants for the missing swim and bike splits for the Olympic Triathlon and for the lack of adequate signage and direction provided to the athletes at the run course turn around points. We will strive to be better next year!

Thank you to our dedicated team:

- Pure Lifestyle, Tribalistic Triathlon Team, Friends of St Malo Park, St Malo community, St Malo Provincial Park and friends of triathlon.
- Officials: Kelly Mahoney, Coleen Kelly-Wardle, Cindy Unger, Grant Unger, and Dina Drabek.
- Triathlon Manitoba

Thank you to our generous sponsors:

- Fitness Experience
- MEC
- Alter Ego Sports
- City Park Runners
- Recovery Spot
- Vega Sport
- Vita health
- Murray Chevrolet
- Swimming Matters
- Lucky Luc's Bar and Grill
- Gorp Clean Energy Bars
- Delo
- Massage Athletica
- St Malo Pharmacy
- Instant Imprints

# St Malo Triathlon

Race #2 of Triathlon Manitoba's Grand Prix Series

Saturday, June 24, 2017

St Malo Provincial Park

Participants: 256

Weather: 9°C, cloudy, wind W 18 G 28 km/h, 87% relative humidity

Water temp: 18 (wetsuit mandatory)

---

## Olympic Triathlon – 1500m swim + 40km bike + 10km run

### Male 18 to 24 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		43	Lucas Roy	Tri Mb	2:17:29	No Time	No Time	1:38:43	38:47

### Male 25 to 29 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		54	Tyler Wirch	A&L	2:12:57	No Time	No Time	1:28:34	44:23
2		53	Gregory Wernham	Triple Threat	2:42:20	No Time	No Time	1:58:25	43:55

### Male 30 to 34 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		87	Daniel Smith	Tri Mb	2:37:14	No Time	No Time	1:51:11	46:03
2		13	Rowland Hayward	Tri Mb	2:40:04	No Time	No Time	1:56:13	43:51
3		29	Jonathan Torchia	Tri Mb	2:44:33	No Time	No Time	1:56:29	48:04
4		150	Kevin Petkau	Tri Mb	2:44:39	No Time	No Time	1:57:41	46:59

### Male 35 to 39 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		14	Charles Kostyk	Winnipeg Triathlon Club	2:15:24	No Time	No Time	1:36:21	39:03
2		65	Ian Givens	Tri Mb	2:39:10	No Time	No Time	1:51:21	47:49
3		40	Mark Loewen	Tri Mb	2:44:50	No Time	No Time	1:58:23	46:27
4		71	Brendan Friesen	Sulong	2:48:00	No Time	No Time	1:56:31	51:29
5		91	Josh Thiem	Tri-Factor	2:50:17	No Time	No Time	2:04:44	45:33
6		61	Patrick Visser	Tri Mb	2:50:44	No Time	No Time	2:00:12	50:32
7		81	Martin Enzlberger	Winnipeg Triathlon Club	2:56:51	No Time	No Time	2:07:21	49:31

---

Male 40 to 44 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		64	Justin Rempel	Tri Mb	2:20:35	No Time	No Time	1:39:36	40:59
2		84	Mark Tisdale	Tribalistic	2:33:19	No Time	No Time	1:47:33	45:46
3		19	Corrado D'Antonio	Winnipeg Triathlon Club	2:47:10	No Time	No Time	1:57:02	50:08
4		42	Manuel Maendel	Tri Mb	3:00:27	No Time	No Time	2:11:34	48:54
5		49	Allan Asplin	Tri Mb	3:06:17	No Time	No Time	2:02:44	1:03:33
6		25	Christopher Wood	Tri Mb	3:06:29	No Time	No Time	2:02:43	1:03:47
7		89	Norman Garcia	Sulong	3:33:35	No Time	No Time	2:34:08	59:28

Male 45 to 49 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		57	Marc Leclair	Tri Mb	2:29:36	No Time	No Time	1:43:23	46:14
2		10	Glen Duizer	Tri Mb	2:29:53	No Time	No Time	1:46:19	43:35
3		88	Ferdinand Del Rosario	Sulong	2:41:06	No Time	No Time	1:54:18	46:49
4		58	Howard Wirch	A&L	2:41:31	No Time	No Time	1:52:58	48:33
5		56	Darryl Ross	Tri Mb	2:48:27	No Time	No Time	1:53:38	54:50
6		70	Jason Radford	Winnipeg Triathlon Club	2:56:40	No Time	No Time	2:03:18	53:23

Male 50 to 54 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		11	Andrew Loughead	Tri Mb	2:27:01	No Time	No Time	1:41:16	45:46
2		15	Philippe Chabot	Tri Mb	2:31:45	No Time	No Time	1:39:41	52:04
3		51	Daniel Bezte	Tri Mb	2:32:18	No Time	No Time	1:45:54	46:25
4		23	Kevin Read	Triple Threat	2:37:51	No Time	No Time	1:49:24	48:27
5		24	Robert Duncan	Tri Mb	2:43:19	No Time	No Time	1:53:43	49:37
6		21	Marc Hache	Tri Mb	2:47:05	No Time	No Time	1:54:43	52:23
7		68	Dave Foley	Junk Yard Dogs	2:55:21	No Time	No Time	2:01:27	53:54
8		90	Alan Wingfield	Tri Mb	2:55:40	No Time	No Time	2:02:50	52:51
9		35	Leif Sigurdson	Tri Mb	3:05:22	No Time	No Time	2:08:53	56:29
10		34	Arthur Rideout	Trinl	3:08:49	No Time	No Time	2:10:05	58:44
11		32	Pascal Gariepy	T3 Triathlon	3:09:19	No Time	No Time	2:13:19	56:01
12		73	Ken Chartrand	Tri Mb	3:38:16	No Time	No Time	2:29:12	1:09:05

Male 55 to 59 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		85	Edward Willmott	Tri Mb	2:45:33	No Time	No Time	1:56:10	49:23
2		45	Dale Bigelow	Tri Mb	2:46:31	No Time	No Time	1:51:23	55:08
3		69	David Fielder	Winnipeg Triathlon Club	3:12:24	No Time	No Time	2:15:10	57:14

Male 60 to 64 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		46	Tom Okany	Triple Threat	2:31:18	No Time	No Time	1:48:04	43:15
2		12	Brian Culligan	Tri Mb	2:53:01	No Time	No Time	2:01:14	51:48
3		31	Fern Berard	Winnipeg Triathlon Club	3:08:18	No Time	No Time	2:12:50	55:28
4		17	Don Webb	Tri Mb	3:10:29	No Time	No Time	2:06:47	1:03:43
5		33	Victor Bargaen	Tri Mb	3:30:20	No Time	No Time	2:29:10	1:01:10

Female 18 to 24 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		60	Taryn Morningstar	A&L	2:42:25	No Time	No Time	1:45:05	57:21
2		55	Raelene Sawatzky-Dyck	A&L	3:13:06	No Time	No Time	2:15:19	57:47

Female 25 to 29 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		9	Nicole Walker	Tribalistic	2:13:52	No Time	No Time	1:36:16	37:37
2		5	Ariane Morisette	Winnipeg Triathlon Club	2:48:15	No Time	No Time	1:53:55	54:21

Female 30 to 34 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		47	Bernadine Kostyk	Winnipeg Triathlon Club	2:42:02	No Time	No Time	1:51:46	50:16
2		39	Jenny Hall	Tribalistic	2:52:06	No Time	No Time	1:56:23	55:43
3		82	Maria Arlt	Tri Mb	2:56:24	No Time	No Time	1:59:57	56:28

Female 35 to 39 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		1	Heather McDonell	Triple Threat	2:37:41	No Time	No Time	1:52:48	44:53
2		4	Chantal Givens	Tri Mb	2:44:04	No Time	No Time	1:59:10	44:55
3		72	Agnieszka Gigiel	Tribalistic	2:46:50	No Time	No Time	1:55:51	51:00
4		6	Tyra Dickson	Tri Mb	2:48:47	No Time	No Time	2:01:07	47:40
5		67	Paula Anderson	Sulong	2:51:51	No Time	No Time	1:59:53	51:59
6		76	Carly Sabourin	Tri Mb	2:52:32	No Time	No Time	2:02:05	50:27
7		26	Charity Schmidt	Saskatchewan Triathlon Associa	3:16:46	No Time	No Time	2:14:42	1:02:04
8		74	Andrea Richardson-Lipon	Tri Mb	3:24:18	No Time	No Time	2:16:31	1:07:48

Female 40 to 44 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		63	Melissa Lillies	Tri Mb	3:10:10	No Time	No Time	2:19:52	50:19
2		20	Dawna Atamanchuk	Tri Mb	3:30:48	No Time	No Time	2:24:08	1:06:40
DNF		27	Danielle McKinnon	Tri Mb					

Female 45 to 49 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		79	Ayn Wilcox	Tribalistic	3:04:29	No Time	No Time	2:08:50	55:40
2		18	Maria Quintas	Sulong	3:07:55	No Time	No Time	2:07:28	1:00:27

Female 50 to 54 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		50	Dawn Huck	Tri-Factor	2:50:37	No Time	No Time	1:53:57	56:40
2		77	Nancy Goodall	Triple Threat	2:53:34	No Time	No Time	2:07:53	45:42
3		7	Lesley Ball	Tri-Factor	2:58:22	No Time	No Time	2:00:35	57:48
4		48	Lee Stewart	Winnipeg Triathlon Club	3:03:52	No Time	No Time	2:06:23	57:29
5		86	Joanne Forest-Magne	Tri Mb	3:09:06	No Time	No Time	2:21:03	48:03
6		8	Debbie Barnes	T3 Triathlon	3:21:56	No Time	No Time	2:11:08	1:10:48

Female 55 to 59 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		28	Jan Hawkins	Winnipeg Triathlon Club	3:06:02	No Time	No Time	2:09:30	56:32
DNF		41	Kim Chase	Winnipeg Triathlon Club					

Female 60 to 64 Olympic

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		2	Kate Okany	Triple Threat	2:50:48	No Time	No Time	2:00:21	50:28

**Female Olympic Aquabike – 1500m swim + 40km bike**

Place	Number	Name	Club	Time
1	3	Lisa Penner	Tri Mb	2:01:27
2	78	Tracie McDonald	Tribalistic	2:27:11
3	66	Wanda Mathers	Winnipeg Triathlon Club	2:47:41

### Team Olympic Relay 1500m Swim-40K Bike-10K Run

Place	Team name	Time	Swim	Bike	Sw+bike	Run
1	Team Ayres	2:48:02	No Time	No Time	1:58:09	49:53
2	Scrambled Legs and 'Achin	2:48:48	No Time	No Time	1:55:30	53:18

### Sprint Triathlon – 750m swim + 20km bike + 5km run

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		111	Carson McComb	A&L	1:04:09	11:15	35:01	46:15	17:54
2		113	Noah Wiens	Tri Mb	1:07:53	12:36	36:34	49:09	18:44

#### Male 20 to 24 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		105	Joshua Malenchak	Windburn Race Team	1:02:18	10:52	33:07	43:58	18:20

#### Male 25 to 29 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		213	Chad Deprez	Tri Mb	1:21:59	16:16	43:15	59:30	22:29
2		184	Benjamin Reiter	Triple Threat	1:28:09	17:33	46:18	1:03:50	24:19
3		240	Jessie Balfour		1:28:43	17:41	46:26	1:04:07	24:36
4		233	Ryley Davidson	Tri Mb	1:33:26	14:40	48:23	1:03:03	30:23
5		191	Michael Iwanchuk	Tri Mb	1:40:21	18:35	56:23	1:14:58	25:23
6		137	Jeremy Legall	Tri Mb	1:40:33	19:10	49:09	1:08:18	32:15
7		115	Todd Reimer	Tri Mb	1:40:47	20:32	55:57	1:16:28	24:19

#### Male 30 to 34 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		197	Anthony Densmore	Winnipeg Triathlon Club	1:20:30	15:49	41:40	57:29	23:02
2		129	Duane Latimer	A&L	1:21:44	15:16	42:37	57:52	23:52
3		198	Jacob Snell	Tribalistic	1:27:16	16:03	46:09	1:02:12	25:05
4		209	Oleksiy Vasylyuk	Winnipeg Triathlon Club	1:32:24	17:29	44:30	1:01:59	30:26
5		208	Quinn Taylor	Tri Mb	1:35:10	17:19	50:56	1:08:15	26:56
6		120	Brad Cownden	Tri Mb	1:36:10	18:04	49:42	1:07:45	28:26
7		226	Dominik Vann	Tri Mb	1:38:31	17:53	52:28	1:10:20	28:11

Male 35 to 39 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		106	Kevin Earl	3rd Wave	1:10:04	13:24	36:05	49:28	20:36
2		181	Scott Kemp	Tri Mb	1:18:22	14:03	42:29	56:32	21:51
3		107	Gordon Finlay	Tri Mb	1:27:01	15:40	45:44	1:01:23	25:38
4		128	Regan Schmidt	Saskatchewan Triathlon Associa	1:31:10	20:16	44:53	1:05:08	26:02
5		205	Brad Ewankiw	Tri Mb	1:44:50	22:37	55:00	1:17:36	27:14
6		119	Derrick Paulson	Tri Mb	2:02:22	26:04	1:09:48	1:35:52	26:30
7	DSQ	201	Roy Oliveira	Tri Mb		22:58	50:35	1:13:33	15:35

Male 40 to 44 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		238	Dave Lipchen	Windburn Race Team	1:07:14	12:42	34:45	47:26	19:48
2		156	Jason McNicholl	Tri Mb	1:15:08	17:01	37:12	54:12	20:56
3		155	Wes Weiss	Tri Mb	1:22:11	15:21	43:20	58:41	23:31
4		217	Romel Marquez	Triple Threat	1:22:17	17:45	40:17	58:02	24:15
5		144	Jean-Louis Gratton	Tri Mb	1:22:20	14:18	44:35	58:53	23:28
6		179	Jeff Hicks	Kenora Borealis	1:30:45	17:55	44:24	1:02:18	28:27
7		134	Mike Morawski	Tri Mb	1:36:47	18:37	51:06	1:09:43	27:05
8		237	Andrew Schindle	Tri-Factor	1:37:00	18:05	55:29	1:13:33	23:27
9		136	Radny Geonanga	Tri Mb	1:37:00	17:06	56:33	1:13:38	23:22
10		188	Jim Fraser	Tri Mb	1:46:36	19:20	53:32	1:12:51	33:46

Male 45 to 49 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		231	Grant McMillan	Tri Mb	1:21:57	18:16	40:53	59:09	22:49
2		214	Travis Jensen	Tri Mb	1:23:21	16:34	43:08	59:41	23:40
3		141	Marco McDonald	Winnipeg Triathlon Club	1:28:34	18:45	47:13	1:05:57	22:38
4		199	Paul Gustafson	Tri Mb	1:30:30	17:46	47:12	1:04:58	25:33
5		223	Luc Fournier	Tri-Factor	1:41:04	21:19	49:58	1:11:16	29:48
6		187	Kyle Blaquiere	Tri Mb	1:45:10	23:26	54:52	1:18:17	26:53
7		162	Jim Foulkes	Tri Mb	1:48:27	24:08	53:01	1:17:08	31:19
8		175	Peter Hamm	Tri Mb	1:59:53	26:04	1:06:35	1:32:39	27:15
9		176	Armand Siapno	Sulong	2:07:04	28:48	1:00:38	1:29:25	37:40

Male 50 to 54 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		219	Jimmy Anis	Sulong	1:19:03	17:45	40:03	57:47	21:16
2		153	Darren Reimer	Tri Mb	1:30:45	19:04	44:15	1:03:19	27:26
3		161	Barry Plett	Triple Threat	1:42:00	20:04	50:32	1:10:36	31:25

Male 55 to 59 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		229	Kevin Newton	A&L	1:33:12	16:02	46:28	1:02:30	30:43
2		173	Eran Plotnik	Triple Threat	1:33:17	17:18	49:13	1:06:31	26:47

Male 60 to 64 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		158	Tim Hawkins	Tri Mb	1:37:44	20:06	48:56	1:09:01	28:44
DNF		59	Jim Nixon	Winnipeg Triathlon Club		21:13	9:22	30:34	

Male 65 to 69 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		166	Al Stewart	Tri Mb	1:21:49	15:51	41:59	57:50	24:00

Male 70 to 74 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		206	Bob Groff	Tri Mb	1:46:40	20:29	53:46	1:14:14	32:26

Male 75 to 79 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		108	Jim Anderson	Tri Mb	1:49:09	24:00	53:34	1:17:34	31:35

Female 16 to 19 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		101	Claire Healey	Tri Mb	1:08:24	11:11	36:50	48:00	20:24
2		104	Morgan Ott	Tri Mb	1:19:54	12:11	42:28	54:38	25:16
3		117	Kira Eidse	Tri Mb	1:58:52	17:45	1:04:33	1:22:17	36:35

Female 20 to 24 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		142	Kaitlyn Wiens	Tri Mb	1:27:05	13:36	47:27	1:01:02	26:03
2		131	Alyena Fredette	Tri Mb	1:34:55	18:20	48:41	1:07:00	27:55
3		130	Mallory Black	Tri Mb	1:43:26	16:38	55:41	1:12:18	31:09
4		160	Celine Peloquin	Tri Mb	1:52:24	18:27	1:04:58	1:23:25	29:00

Female 25 to 29 Sprint



Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		102	Jamee George	Tri Mb	1:31:00	18:43	45:27	1:04:09	26:52
2		159	Sydney Gergely	Tri Mb	1:37:25	13:07	54:12	1:07:18	30:07
3		236	Jenna Hobson	Tri-Factor	1:42:12	17:28	56:02	1:13:30	28:42
4		116	Michelle Marykuca	Tri Mb	1:50:20	21:12	57:11	1:18:23	31:58
5		203	Erica Wilken	Winnipeg Triathlon Club	2:03:01	19:58	1:08:13	1:28:11	34:51

Female 30 to 34 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		192	Andrea Dyck	3rd Wave	1:28:12	17:58	46:17	1:04:15	23:57
2		152	Katrina Froese	Tri Mb	1:34:41	17:04	52:21	1:09:25	25:16
3		225	Larissa Dueck	Winnipeg Triathlon Club	1:35:12	15:45	51:55	1:07:40	27:33
4		228	Stephanie Dyck	Sulong	1:36:10	17:39	51:11	1:08:50	27:20
5		140	Heather Kolomaya	Tri Mb	1:42:23	18:26	57:33	1:15:58	26:26
6		122	Kimberly Dodds	Tri Mb	1:42:34	15:26	56:09	1:11:35	31:00

Female 35 to 39 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		154	Heather Francis	3rd Wave	1:29:25	18:37	45:18	1:03:55	25:31
2		212	Amanda Lieverse	Tri-Factor	1:30:10	17:20	49:56	1:07:15	22:55
3		193	Jen Onyskie	Triple Threat	1:31:03	13:49	50:03	1:03:52	27:12
4		114	Liisa Burgess	Tri Mb	1:32:10	15:39	52:26	1:08:05	24:06
5		196	Ashley Cvetkovic	Tri Mb	1:34:03	20:53	46:24	1:07:16	26:47
6		138	Eliane Domingue	Winnipeg Triathlon Club	1:35:06	17:49	48:05	1:05:54	29:12
7		132	Kelly Malcolmson	Winnipeg Triathlon Club	1:36:20	14:22	51:13	1:05:34	30:46
8		146	Allison Reville	Westman Triumphs	1:36:27	15:59	51:39	1:07:38	28:50
9		125	Brigitte Pereira		1:37:53	19:24	56:26	1:15:49	22:04
10		124	Janelle Kaminsky	Tri Mb	1:44:08	22:40	55:43	1:18:23	25:45
11		178	Tammy Klassen	Tri Mb	1:48:44	20:37	58:15	1:18:51	29:54
12		123	Josee Adrian	Tri Mb	1:54:40	26:33	1:00:02	1:26:35	28:06

Female 40 to 44 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		165	Brandi Smith	Tri Mb	1:17:55	13:35	41:24	54:59	22:57
2		164	Anne Barkman	Tri Mb	1:29:09	17:35	44:45	1:02:20	26:49
3		135	Jessica Beck	Tri Mb	1:36:43	17:26	53:27	1:10:52	25:51
4		145	Sandra Bains	Sulong	1:38:46	18:39	51:03	1:09:42	29:05
5		220	Heike Funk	Tri Mb	1:39:14	18:34	49:15	1:07:48	31:26
6		170	Julie Savard	Tri Mb	1:41:11	18:16	54:25	1:12:41	28:30
7		194	Dawn Runke	Tri Mb	1:49:11	17:51	53:26	1:11:17	37:55

Female 45 to 49 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		44	Lisa Gonzales	Tri Mb	1:35:53	17:43	53:34	1:11:17	24:36
2		127	Marie-Claude McDonald	Tri Mb	1:35:57	17:24	51:07	1:08:30	27:27
3		190	Patrice Miniely	Tri Mb	1:56:24	23:39	1:00:06	1:23:44	32:41
4		121	Angie Wittmann	Tri Mb	1:58:39	18:08	1:07:08	1:25:16	33:24
DNF		210	Tricia Chestnut	Tri Mb					

Female 50 to 54 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		167	Esther Mackinlay	Tri Mb	1:33:14	14:37	48:13	1:02:50	30:24
2		118	Sandi Goertzen	Triple Threat	1:35:45	15:53	49:07	1:04:59	30:46
3		36	Cindy Koskie	Tri-Factor	1:39:04	18:43	52:39	1:11:22	27:43
4		126	Fedra Salias	Triple Threat	1:42:37	15:24	55:32	1:10:55	31:42
5		133	Karen Desrochers	Tri Mb	1:55:26	22:25	1:00:52	1:23:16	32:10

Female 55 to 59 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		215	Cindy Swaine	Tri Mb	1:55:44	21:47	57:34	1:19:20	36:24
2		157	Deborah Brethauer	Tri Mb	2:01:42	28:08	57:46	1:25:53	35:49

Female 60 to 64 Sprint

Place	Note	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1		211	Carolyn Smith	Tri Mb	1:36:12	20:55	47:42	1:08:36	27:36
2		103	Nicole Mercier	Tri Mb	1:39:13	17:21	51:41	1:09:02	30:12

**Female Sprint Aquabike – 750m swim + 20km bike**

Place	Number	Name	Club	Time	Swim	Bike
1	234	Edwina Keats	Triple Threat	1:31:37	29:58	1:01:40
DNF	174	Eileen Marykuca	Tri Mb			

**Male Sprint Aquabike – 750m swim + 20km bike**

Place	Number	Name	Club	Time	Swim	Bike
1	22	Dwayne Olson	Winnipeg Triathlon Club	59:06	15:19	43:48
2	235	Grant Quinn	Winnipeg Triathlon Club	1:01:12	15:11	46:02
3	169	Ray Elliot	Tri Mb	1:21:29	27:21	54:08
4	149	Bill Goedegebuure	Tri Mb	1:22:41	19:16	1:03:25

### Team Sprint 750m Swim-20K Bike-5K Run

Place	Team name	Time	Swim	Bike	Sw+bike	Run
1	If At First You Don't Succeed	1:16:50	12:46	44:44	57:30	19:21
2	Ladies of Leisure	1:36:21	18:01	49:55	1:07:55	28:27

### Sprint Duathlon – 2.5k run + 20km bike + 5km run

#### Female Sprint Duathlon

Place	Number	Name	Club	Time	Run1	Bike	Run+bik	Run2
1	239	Kim Gusdal	Tri Mb	1:24:18	13:51	43:51	57:42	26:37
2	186	Aileen Smith	Tri Mb	1:25:32	13:30	45:40	59:10	26:23
3	30	Linda Whitfield	Tri Mb	1:33:57	15:18	51:33	1:06:51	27:06
4	180	Cheryl Hicks	Kenora Borealis	1:35:55	16:05	50:46	1:06:50	29:05
5	195	Trina Gallop Blank	Tri Mb	1:51:42	17:10	1:00:11	1:17:20	34:22
6	204	Jennifer Ewankiw	Tri Mb	1:52:47	15:55	1:03:14	1:19:09	33:39

#### Male Sprint Duathlon

Place	Number	Name	Club	Time	Run1	Bike	Run+bik	Run2
1	109	Neil Ferguson	Tri Mb	1:09:19	11:16	35:55	47:11	22:08
2	148	Gordon Holens	Tri Mb	1:17:03	12:17	41:00	53:16	23:48
3	110	John Tomlinson		1:18:00	11:28	44:47	56:15	21:46
4	147	Rob Reville	Westman Triumphs	1:20:40	12:03	44:10	56:12	24:28
5	230	Joel St-Vincent	Winnipeg Triathlon Club	1:22:09	12:01	46:12	58:12	23:58
6	221	Raul Paragas	Tri Mb	1:25:47	12:38	47:48	1:00:25	25:23
7	185	Travis Smith	Tri Mb	1:28:18	13:30	45:41	59:10	29:08
8	207	Kelly Beckman		1:31:08	15:11	48:25	1:03:35	27:34
9	168	Gyula Gergely	Tri Mb	1:33:14	15:20	47:30	1:02:50	30:25
10	189	Tom Wiebe	Third Wave	1:36:59	16:33	46:45	1:03:17	33:42
11	151	Simon Hriech	Tri Mb	1:47:08	17:28	48:49	1:06:17	40:51

## Try-a-Tri – 300m swim + 10km bike + 2.5km run

### Female Try-A-Tri

Place	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1	268	Lara Dueck	Tri Mb	51:44	7:39	29:52	37:31	14:13
2	251	Desirae Warkentin	Tri Mb	55:22	8:46	23:46	32:31	22:52
3	253	Desiree Danchuk	Tri Mb	55:47	9:13	29:08	38:20	17:28
4	276	Paige Bevan	Tri Mb	56:10	8:24	27:23	35:46	20:24
5	256	Gwen Smoluk	Winnipeg Triathlon Club	1:03:37	9:59	36:24	46:22	17:15
6	270	Lee-Ann Baldwin	Tri Mb	1:06:11	8:28	35:23	43:51	22:21
7	266	Karen Sawatzky	Triple Threat	1:06:41	11:32	Chip misplaced		
8	249	Cecil De Guzman	Sulong	1:06:56	12:47	34:41	47:27	19:30
9	247	Amelia Wolfe	Tri Mb	1:07:25	8:31	30:02	38:32	28:53
10	273	Maegan Ernst	Tri Mb	1:07:33	10:36	37:13	47:49	19:45
11	259	Jennifer Keith	Tri Mb	1:07:47	9:57	32:10	42:06	25:41
12	257	Jen Navasca	Sulong	1:11:00	8:24	30:08	38:32	32:28
13	252	Desiree Chabot	Tri Mb	1:11:46	10:20	28:36	38:55	32:52
14	246	Ainsley Spence	Tri Mb	1:12:25	11:51	39:47	51:37	20:48
15	267	Kari Plett	Tri Mb	1:12:32	8:22	31:55	40:17	32:16
16	261	Jessica Brady	Tri Mb	1:16:54	8:49	32:11	41:00	35:55
17	255	Elizabeth Jones	Tri Mb	1:17:13	7:43	35:19	43:02	34:11
18	278	Sheree Mijares	Sulong	1:21:10	15:59	37:52	53:50	27:20

### Male Try-A-Tri

Place	Number	Name	Club	Time	Swim	Bike	Sw+bike	Run
1	279	Trent Thompson	Tri Mb	55:09	6:34	27:47	34:20	20:49
2	294	Cameron Funk	Tri Mb	56:42	7:48	26:31	34:18	22:24
3	248	Brad Favel	Tri Mb	58:53	7:03	35:12	42:14	16:40
4	250	David Densmore	Sulong	1:05:06	10:32	35:25	45:56	19:10
5	254	Dylan Penner	Tri Mb	1:07:25	6:43	31:57	38:40	28:46
6	262	Jouvette Tabinga	Sulong	1:10:37	8:51	30:21	39:11	31:26
7	260	Jerone Verga	Tri Mb	1:16:44	7:34	32:52	40:26	36:18

**Do-a-Du – 1.0km run + 10km bike + 2.5km run**

## Female Do-A-Du

Place	Number	Name	Club	Time	Run1	Bike	Run+bik	Run2
1	288	Jo-Anne Godard	Tri Mb	48:42	6:15	27:46	34:00	14:42
2	289	Kristin Martens	Tri Mb	49:34	6:13	28:30	34:42	14:53
3	290	Tara Keyser	Tri Mb	49:46	6:15	28:21	34:35	15:11
4	282	Chantal Lariviere		54:26	6:24	31:58	38:21	16:06
5	280	Angel Budge		54:30	6:30	30:47	37:16	17:15
6	287	Jennie Ryman		55:51	7:07	28:36	35:42	20:10
7	258	Jennifer Dyck	Tri Mb	1:02:20	7:43	32:06	39:49	22:31
8	292	Jose McClelland	Tri Mb	1:02:26	6:19	39:25	45:43	16:43
9	275	Morgan Klassen	Tri Mb	1:03:30	7:43	34:10	41:52	21:38
10	265	Karen Cummings	Tri Mb	1:03:31	7:45	34:07	41:52	21:39
11	284	Crystal Chartier		1:03:33	7:26	37:12	44:38	18:56
12	283	Christine Becker	Sulong	1:06:13	6:19	38:16	44:35	21:39
13	281	Carrie Shynkaryk	Tri Mb	1:07:17	7:05	30:53	37:58	29:20

## Male Do-A-Du

Place	Number	Name	Club	Time	Run1	Bike	Run+bik	Run2
1	285	Damien Godard	Tri Mb	48:17	5:31	28:33	34:03	14:14
2	286	Dean Hebert	Tri Mb	55:12	6:32	27:48	34:19	20:54
3	291	William Thrift	Tri Mb	57:18	6:20	23:55	30:15	27:04
4	293	Chris Kozakowski	Tri Mb	58:13	4:20	43:14	47:34	10:39