

# T3 Kids of Steel® Splash & Dash

Tuesday August 23, 2011  
5:30 PM



**Fitness & Recreation Centre, Building 90**  
17 Wing, Winnipeg  
(1 ½ blocks North of Ness Ave)

**Please mail or drop off entries, payable to:**  
Triathlon Manitoba  
145 Pacific Ave Winnipeg MB, R3B 2Z6

Event Fees		
Before Friday August 19	\$10	\$
After, and on race day	\$15	\$
Full Triathlon Membership # _____		
Or <i>One-day Member Fee</i>	\$5	\$
<b>Total Enclosed</b> (do not send cash)		\$

- **Cancellation Policy** – entry fee is totally non-refundable.

**Category** (check one):

- 6 & 7 years -- 50m swim + 500m run ( )  
 8 & 9 years – 100m swim + 1.2k run ( )  
 10 & 11 years – 200m swim + 2.4k run ( )  
 12 & 13 years – 300m swim + 3.6k run ( )  
 14 & 15 years – 500m swim + 4.8k run ( )

(Category is determined by athlete's age on December 31, 2011)

Athlete Name: \_\_\_\_\_

Male \_\_\_ Female \_\_\_ Birth date: \_\_\_/\_\_\_/\_\_\_ (D/M/Y)

Mailing Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Province : \_\_\_\_\_

Postal Code : \_\_\_\_\_

Phone : \_\_\_\_\_

E-mail address : \_\_\_\_\_

## CONSENT FOR USE OF PERSONAL INFORMATION

I understand that Triathlon Manitoba gathers personal information about each of its participants, including name, address, email, sex, age, and birthdate. This information is used for the purposes of ensuring that each participant competes in the appropriate age group, and that their name and club will be listed in that age group in the results which are posted on Triathlon Manitoba's website. The information is also used by Triathlon Manitoba for annual demographic reporting and to communicate with participants about Triathlon Manitoba programs, events and activities. Triathlon Manitoba also requests medical information and emergency contact info to use in case of a medical emergency. I have read and understood Triathlon Manitoba's policy on privacy. I am aware that by giving this consent, I am permitting personal information about me to be posted to Triathlon Manitoba's website and publications, which can be viewed by anyone who accesses Triathlon Manitoba's website or publications. I understand that I may withdraw consent to the collection, use or disclosure of my personal information at any time by contacting Triathlon Manitoba.

I accept the use of my child's personal information for the above purposes. \_\_\_\_\_ (Parent/legal guardian initial here)

### PARTICIPANT'S AGREEMENT

PLEASE **READ CAREFULLY** and **SIGN WHERE INDICATED**

### CONSENT FOR EMERGENCY MEDICAL TREATMENT

I, \_\_\_\_\_, parent/legal guardian of \_\_\_\_\_ give permission to the Kids of Steel® event staff to make decisions concerning medical care and treatment, and where necessary to authorize such care and treatment in emergency situations. I understand that the Kids of Steel® event staff will make every reasonable effort, in the circumstances, to reach me regarding my child/ward's medical status in the event an emergency arises. In the event that I cannot be reached in an emergency, I hereby give my permission to the licensed physician, dentist, athletic therapist, nurse or other medical professional whose services might be required to provide medical care and treatment to my child/ward.

I wish the Kids of Steel® event staff to be aware of my child/ward's following medical problems: i.e. medications, allergies or past medical event histories:

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By signing here, I indicate that I have the understanding and capacity to communicate health care directives for my child/ward and that I am fully informed as to the contents of this document and understand the full import of this grant of powers to the Kids of Steel® event staff.

**Date:** \_\_\_\_\_ **(Signature of parent/guardian)** \_\_\_\_\_

**AWARENESS AND ACKNOWLEDGEMENT OF RISKS**

In consideration of my child/ward's participation in such programs, activities and events, I hereby acknowledge that I am aware and have advised my child/ward of the risks and hazards associated with or related to the sports of triathlon and duathlon and all related activities that may result in personal injury, death, property damage, expense and related loss to my child/ward. The risks and hazards of triathlon and duathlon include, but are not limited to injuries as a result of:

- Entering the water by either diving, running or jumping;
- Spending extended times in pools or lakes including bacterial infections and rashes;
- Physical contact with other participants while swimming including crowding, pushing, kicking and punching;
- Water conditions such as currents, waves, water temperate and water clarity;
- Physical contact with pool walls or lake and ocean rocks and bottoms;
- Physical contact with other participants while cycling and running;
- Road conditions, terrains and vehicular traffic while cycling and running;
- From one's failure to stay within the designated course area while cycling and running;
- Falling while cycling or running;
- Strenuous cardiovascular workouts, and/or exerting and stretching various muscle groups;
- Psychological factors such as anxiety;
- Changing weather conditions;
- Dehydration and/or fatigue; and
- Negligence of other participants.

**I accept all related risks including those listed: Please INITIAL below.**  
\_\_\_\_\_ **(Participant)**                      \_\_\_\_\_ **(Parent/legal guardian)**

**BY SUBMITTING THIS ENTRY, I AGREE TO BE RESPONSIBLE FOR MYSELF.** I am participating voluntarily in these activities, events and programs. I agree that there are risks in triathlon and duathlon as described above.

If something happens to me, I release the organizers of responsibility for any claims, demands, actions and costs, which might arise, out of my participation. In this Agreement I understand "organizers" to mean: Triathlon Manitoba, its directors, officers, members, employees, volunteers, officials, race directors/organizers, participants, clubs, agents, sponsors, funding partners, owners/operators of the facility, and representatives.

I further acknowledge and understand that insurance coverage for this event does not provide my child/ward with personal accident insurance coverage and that I am responsible to obtain my own personal accident insurance coverage should I wish that my child/ward be eligible for accident benefits that are in excess of those currently covered through my provincial or private health insurance plan(s).

**I ACKNOWLEDGE MAKING THIS AGREEMENT.** I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

\_\_\_\_\_  
Printed Name of Participant                      Signature of Participant                      Date

\_\_\_\_\_  
Printed Name of Parent or Guardian                      Signature of Parent or Guardian                      Date

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**ACCEPTANCE OF TERMS AND CONDITIONS**

In consideration of the acceptance of my child/ward's entry in the Kids of Steel® events I agree as follows:

1. I agree that my child/ward will comply with all the rules and regulations and event instructions of the Kids of Steel® Triathlon Series and its directors.
2. I am aware of Triathlon Manitoba's bylaws and policies (which can be found at [www.competitions.mb.ca](http://www.competitions.mb.ca)) and agree that my child/ward will be bound by them.
3. I acknowledge that I have sole responsibility for my child/ward's personal possessions and athletic equipment during the Kids of Steel® event and its related activities.
4. I attest that my child/ward is physically fit and can complete the Kids of Steel® Triathlon event.
5. I grant full permission to Triathlon Manitoba to use my child/ward's photographs as part of the event website photo gallery.
6. That in the event of a race cancellation due to a storm or other "Act of God" my entry fee will be non-refundable.
7. I realize that, with my child/ward's participation in the event, they may be subject to unannounced drug testing as provided for by Triathlon Canada's agreement with the Canadian Centre for Ethics in Sport.
8. That myself or another adult will accompany my child/ward during the event.

**I agree to the above terms: \_\_\_\_\_ (Initial here)**