

Full Results for the 23rd Annual Trappers Triathlon

Women's Ages 16 – 24 Sprint Distance 750 m Swim, 20 km Bike, 5 km Run

1st Laura Rydberg 13:40 Swim, 46:31 Bike, 28:49 Run, Total: 1:29:01

2nd Jennifer McKinnon 14:22 Swim, 50:10 Bike, 30:19 Run, Total: 1:34:52

3rd Stacy Ponask 18:11 Swim, 52:02 Bike, 29:51 Run, Total: 1:40:05

Women's Ages 25 – 39 Sprint Distance

1st Shauna Krawchuk 10:57 Swim, 39:19 Bike, 26:32 Run, Total: 1:16:49, plus penalty for completing 28 laps instead of 30 of 1:30 to a total of 1:18:19

2nd Heather Ohryn 12:32 Swim, 39:19 Bike, 29:25 Run, Total: 1:21:17

3rd Kristin Erickson 11:10 Swim, 41:14 Bike, 31:12 Run, Total: 1:23:37, plus penalty for completing 28 laps instead of 30 of 1:30 to a total of 1:25:07

4th Laura Finlay 14:49 Swim, 41:01 Bike, 35:35 Run, Total: 1:31:26

Women's Ages 40+ Sprint Distance

1st Heather Todoschuk 15:48 Swim, 47:25 Bike, 33:36 Run, Total: 1:36:49

2nd Eileen Pedersen 20:00 Swim, 46:00 Bike, 32:35 Run, Total: 1:38:37

3rd Jeanette Kimball 27:49 Swim, 43:03 Bike, 29:25 Run, Total: 1:42:33

4th Michelle Radley 19:25 Swim, 47:00 Bike, 36:21 Run, Total: 1:42:47

5th Dawna Smith 16:56 Swim, 51:01 Bike, 42:49 Run, Total: 1:50:47

Mixed Relay Team Sprint Distance

1st Craig Finlay (Swim), Mark Szyszlo (Bike), Louise Hodder (Run) 11:40 Swim, 38:11 Bike, 27:17 Run, Total 1:17:09

2nd James Wilson (Swim, Bike), Raven Stevens (Run) 12:57 Swim, 35:15 Bike, 29:27 Run, Total: 1:17:40

3rd Shauna Krawchuk (Swim), Lucy Ernst (Bike), Jason Ernst (Run) 10:57 Swim, 44:41 Bike, 27:57 Run, Total: 1:23:36

Men's Ages 16 – 24 Sprint Distance

1st Fraser Bjornsson 18:02 Swim, 37:49 Bike, 25:05 Run, Total: 1:20:57

Men's Ages 25 – 39 Sprint Distance

1st Craig Finlay 11:40 Swim, 34:04 Bike, 24:20 Run, Total: 1:10:05

Men's Ages 40+

1st Terry Kadachuk 15:16 Swim, 40:53 Bike, 25:31 Run, Total: 1:21:41

2nd Blair Rydberg 12:29 Swim, 43:42 Bike, 27:31 Run, Total: 1:23:42

3rd Brett Zwarych 16:30 Swim, 49:14 Bike, 27:55 Run, Total: 1:33:40

Women's Ages 12 – 15 Try a Tri 300 m Swim, 15 km Bike, 3 km Run

1st Terri-Lynn Mack 6:06 Swim, 31:01 Bike, 16:17 Run, Total: 53:25

Men's Ages 12 – 15 Try a Tri

1st Paul Rydberg 6:49 Swim, 36:25 Bike, 17:04 Run, Total: 1:00:19