

2008 24th Annual TRF MeritCare Triathlon Results

Swim	Bike	Run	Total	First Name	LAST_NAME	CITY	STATE	AGE	SEX	CATEGORY
0:07:15	0:36:06	0:23:03	1:06:24	Tim	Sykes	Fertile	MN	42	M	M40-44
0:09:07	0:37:45	0:19:41	1:06:33	Shaun	Smart	Winnipeg	MB	34	M	M30-34
0:07:22	0:36:38	0:22:50	1:06:50	Riley	Unger	Winnipeg	MB	15	M	M15-19
0:08:19	0:36:17	0:23:00	1:07:36	Neil	King	Nevis	MN	59	M	M55-59
0:09:03	0:35:36	0:23:04	1:07:43	Pat	Adrian	Roseau	MN	37	M	M35-39
0:06:40	0:37:19	0:24:08	1:08:07	Edie	Fisher	Kenora	ON	51	F	F50-54
0:09:17	0:39:04	0:20:41	1:09:02	David	Matice	Brandon	MB	48	M	M45-49
0:05:51	0:37:09	0:26:30	1:09:30	Ryan	Olson	Thief River Falls	Mn	16	M	M15-19
0:08:28	0:36:32	0:25:04	1:10:04	Dave	Gaukler	Fargo	ND	52	M	M50-54
0:10:19	0:37:12	0:22:34	1:10:05	Paul	Van de Leygraff	Winnipeg	MB	44	M	M45-49
0:07:03	0:36:28	0:26:54	1:10:25	Scott	Jensen	Grand Forks	ND	47	M	M45-49
0:08:14	0:38:46	0:23:30	1:10:30	Terry	Bohan	Grand Forks	ND	38	M	M35-39
0:07:28	0:36:38	0:26:58	1:11:04	Charlie	Lalonde	Winnipeg	MB	40	M	M40-44
0:09:18	0:39:23	0:24:51	1:13:32	David	Pace	East Grand Forks	MN	44	M	M40-44
0:06:58	0:42:28	0:24:10	1:13:36	Nicholas	Kristan	Fargo	ND	28	M	M25-29
0:06:37	0:38:23	0:28:37	1:13:37	Don	Henderson	Grand Forks	ND	26	M	Clydesdale
0:09:15	0:38:51	0:26:03	1:14:09	Casey	English	Grand Forks	ND	30	M	M30-34
0:07:56	0:40:39	0:26:04	1:14:39	Team	Possai/Zerwas	Thief River Falls	MN		M	Mens relay
0:07:50	0:40:10	0:27:25	1:15:25	Dawn	Huck	Winnipeg	MB	41	F	F40-44
0:08:13	0:41:55	0:25:38	1:15:46	Jennifer	Rabbitts	Rochester	MN	29	F	F25-29
0:08:35	0:41:25	0:27:16	1:17:16	Lisa	Knudson	Portland	ND	49	F	F45-49
0:08:44	0:40:42	0:28:38	1:18:04	Mike	Langland	Minneapolis	MN	25	M	M25-29
0:09:11	0:48:35	0:20:18	1:18:04	Fredric	Black	Grand Forks	ND	47	M	M45-49
0:07:42	0:40:24	0:30:22	1:18:28	Jim	Langland	Thief River Falls	MN	56	M	M55-59
0:10:30	0:44:30	0:24:28	1:19:28	Eric	Tofte	Moorhead	MN	28	M	M25-29
0:10:35	0:42:25	0:27:07	1:20:07	Team	Wang/Redd	Thief River Falls	MN			MX Relay
0:08:27	0:47:06	0:24:58	1:20:31	Nicholas	Beamer	Grand Forks AFB	ND	27	M	M25-29
0:10:55	0:40:46	0:29:43	1:21:24	Grant	Unger	Winnipeg	MB	49	M	Clydesdale
0:10:22	0:44:18	0:26:48	1:21:28	Robert	Treuer	Grand Forks	ND	43	M	M40-44
0:08:32	0:45:28	0:27:47	1:21:47	Jonathan	Haug	Grand Forks	ND	34	M	M30-34
0:07:08	0:45:52	0:28:50	1:21:50	Team	Hendrickson	Thief River Falls	MN			Family
0:08:51	0:45:09	0:28:00	1:22:00	Cornelius	Groenewald	Rochester	MN	30	M	M30-34
0:10:32	0:48:57	0:22:45	1:22:14	Matt	Quirk	Maple Grove	MN	47	M	M45-49
0:11:58	0:39:58	0:31:26	1:23:22	Ryan	Hagen	Grand Forks	ND	38	M	M35-39
0:09:04	0:42:43	0:31:42	1:23:29	Barbara	Griffith	Kenora	ON	47	F	F45-49
0:10:33	0:47:21	0:26:06	1:24:00	Tony	Tallman	Hopkins	MN	39	M	M35-39
0:11:07	0:47:33	0:25:36	1:24:16	Seth	Jordan	Fargo	ND	23	M	M20-25
0:12:08	0:45:52	0:26:29	1:24:29	Team	Kovar/Foley	East Grand Forks	MN			MX Relay
0:07:08	0:51:52	0:25:38	1:24:38	Cami	Eckhoff	Detroit Lakes	MN	23	F	F20-24
0:09:32	0:47:35	0:27:48	1:24:55	Jarrod	Schell	Grand Forks	ND	27	M	M25-29
0:12:38	0:42:54	0:30:33	1:26:05	Elsa	Van de Leygraff	Winnipeg	MB	43	F	F40-44
0:06:49	0:53:43	0:25:49	1:26:21	Steve	Collison	Bemidji	MN	23	M	M20-24
0:08:41	0:45:41	0:32:35	1:26:57	Kristin	MacGregor	Crookston	MN	39	F	F35-39
0:09:50	0:47:32	0:29:42	1:27:04	Jason	Weinerman	Little Falls	MN	38	M	M35-39
0:11:14	0:50:46	0:25:07	1:27:07	Ryan	Hughes	Thief River Falls	MN	29	M	M25-29
0:11:58	0:46:47	0:28:32	1:27:17	Scott	Chudley	Winnipeg	MB	37	M	M35-39
0:09:45	0:44:15	0:33:50	1:27:50	Lana	Marcine	Kenora	ON	60	F	F60-64
0:07:25	0:49:56	0:30:35	1:27:56	Toni	Tallman	Hopkins	MN	37	F	F35-39
0:10:28	0:50:54	0:26:41	1:28:03	Keith	Eckhoff	Detroit Lakes	MN	24	M	M20-24
0:10:59	0:46:45	0:30:23	1:28:07	Brent	McMillan	Grafton	ND	45	M	Clydesdale
0:09:40	0:50:53	0:28:17	1:28:50	Lisa	MacDonald	Winnipeg	MB	38	F	F35-39

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0:14:02	0:47:53	0:27:45	1:29:40	Robert	Kramer	Grand Forks	ND	49	M	M45-49
0:10:59	0:47:35	0:31:09	1:29:43	Casey	Kramer	Grand Forks	ND	22	M	M20-24
0:09:20	0:47:47	0:32:59	1:30:06	Jason	Seurer	Milbank	SD	38	M	Clydesdale
0:11:10	0:44:41	0:34:27	1:30:18	Mark	Hagen	Dilworth	MN	56	M	M55-59
0:10:54	0:48:00	0:31:35	1:30:29	Dan	Olson	Thief River Falls	Mn	46	M	M45-49
0:09:55	0:47:05	0:33:33	1:30:33	Adriane	Friesen	Winnipeg	MB	32	F	Athena
0:11:58	0:48:02	0:33:01	1:33:01	Andrew	Jagim	Fargo	ND	23	M	M20-24
0:14:00	0:46:42	0:32:51	1:33:33	Cindy	Unger	Winnipeg	MB	48	F	F45-49
0:07:28	0:52:32	0:33:37	1:33:37	Melissa	Schell	Bismarck	ND	24	F	F20-24
0:09:46	0:54:14	0:30:30	1:34:30	Michelle	Thomas	Kenora	ON	40	F	F40-44
0:13:52	0:51:41	0:29:48	1:35:21	Michael	Wichmann	Dent	MN	58	M	M55-59
0:08:07	0:53:53	0:33:22	1:35:22	Shivan	Nelson	Bemidji	MN	22	F	Athena
0:09:06	0:53:54	0:33:57	1:36:57	Roxanne	Zerwas	Thief River Falls	MN	34	F	F30-34
0:10:03	0:49:16	0:37:50	1:37:09	Jim	Reiten	Petersburg	ND	61	M	M60-64
0:09:14	0:56:01	0:32:59	1:38:14	Team	Krusers	Albertville	MN			Family
0:10:35	0:54:45	0:32:55	1:38:15	Lois	Wang	Thief River Falls	MN	55	F	F55-59
0:14:27	0:57:33	0:27:41	1:39:41	Paul	Staquet	Thief River Falls	MN	37	M	M35-39
0:09:24	0:59:33	0:31:15	1:40:12	Kylie	Schell	Grand Forks	ND	21	F	F20-24
0:12:40	0:53:20	0:35:15	1:41:15	Lori	Rothstein	Staples	MN	31	F	F30-34
0:09:54	0:56:06	0:36:31	1:42:31	Kristin	Keeling	Fergus Falls	MN	27	F	F25-29
0:11:50	0:59:41	0:31:46	1:43:17	Molly	Eken	Grand Forks	ND	25	F	F25-29
0:13:24	0:57:57	0:34:52	1:46:13	Ayn	Wilcox	Winnipeg	MB	38	F	F35-39
0:12:17	0:56:24	0:37:36	1:46:17	Kyle	Johnson	Moorhead	MN	32	M	M30-34
0:12:27	0:47:55	0:46:08	1:46:30	Frank	Farrar	Britton	SD	79	M	M75 & over
0:15:28	1:01:16	0:34:13	1:50:57	Brittany	Koop	Fargo	ND	24	F	F20-24
0:13:17	0:58:58	0:41:07	1:53:22	Leah	Hall	Floodwood	MN	29	F	F25-29
0:14:29	0:57:44	0:42:40	1:54:53	LaDonna	Peterson	Crookston	MN	59	F	F55-59
0:09:09	1:09:47	0:39:51	1:58:47	Rachel	Routa	Thief River Falls	MN	25	F	F25-29
0:07:13	1:11:21	0:46:41	2:05:15	Leah	Collison	Bemidji	MN	17	F	Athena
0:09:45	1:32:53	0:36:10	2:18:48	Haley	Roed	Crookston	MN	11	F	F14 & under
0:10:28	1:32:11	0:36:09	2:18:48	Eric	Roed	Crookston	MN	36	M	M35-39
0:12:07	1:30:30	0:36:11	2:18:48	Nicole	Roed	Crookston	MN	36	F	F35-39
0:10:15	#####	0:00:00	24:59:50	Penny	Langland	Thief River Falls	MN	56	F	F55-59