



2004 High Performance Report

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HP Program Review: After a lengthy review by the committee members and staff, several changes were implemented for 2004. The changes are summarized below:

- Reduced eligibility requirements for Long Course athletes so they did not have to do 3 local races.
- Added the posting of official times within three days of the event as a result of an appeal in 2003.
- Changed Senior and U23 Elite team selection to be performance based at the National Champs.
- Increased the Junior Team size to 5 males and 5 females and changed the selection criteria.
- Changed the Elite Funding criteria for additional races. The new criteria requires the athlete to either be named to a National team by Triathlon Canada or finish within 10% of the top Canadian time.
- Roll-down limit for Ironman athlete assistance is now 5 minutes of winning time.
- Changed the Long Course funding assistance. Athlete must finish in Top 3 at National Champs.
- Junior Duathlon National Championships funding is now provided to the top male and female who finishes within 15% of winning time at the event.
- Reworded and changed the World Championships travel assistance. Only Age Group athletes that place in the Top 3 at the National Championships are eligible for travel assistance.

Age Group Performance:

- Six athletes were funded to represent Manitoba at the Kelowna National Championships. The event was unfortunately cancelled due to severe weather conditions.
- Jeff Morier won the Amateur race at the Lifetime Fitness Triathlon.
- Patrick Peacock was second overall in the Caledon Triathlon.
- Five athletes competed at World Triathlon Championships at Madeira Portugal in April.
- Dave Lipchen and Lyle Redman represented Canada at the World Long Course Champs in Sater Sweden in July.
- Several athletes took on the Ironman this year. 27 members competed at Ironman Canada, five competed at Ironman Wisconsin, and D. Morwood took 3rd in his age group and 14th overall at Ironman Idaho.

Junior, U23 and Senior Elite Performance:

- Erin Braun won the USAT Junior World Qualifier Triathlon in Florida. Amy Briscoe was 2nd.
- Amy and Erin competed at the World Triathlon Championships in Madeira Portugal in April.
- Erin won the St. Malo Junior Series Triathlon, Amy was 2nd & Jenna Wilson was 4th. Willie Bell was 2nd.
- Erin was 3rd and Amy was 5th at the Pan-Am Tri Champs in Edmonton in July.
- Six juniors and three Youth athletes competed at the Junior Championships in Caledon. Amy was the 2nd placed Canadian and Erin Braun was the 5th placed Canadian.
- Amy, Erin, and Jenna qualified for Elite funding based on their performance at Caledon.
- Amy and Erin placed 2nd and 3rd overall in the Canadian junior race series.
- Blair Peters placed second overall in the National 14 – 15 series.
- Senior Elite Champs and Duathlon National Champs have not yet been held.

Recommendations for 2005:

- Make available high-quality race gear to members that compete at National and Ironman events.
- Create a funding mechanism for Youth, Junior, U23 and Seniors to attend National Series events.
- Review funding amounts to Age Group and Junior / U23 / Senior Elite athletes.