



2006 Age Group Performance Report

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Members: Mark Lehmann (Chair), Cherrie Fournier, Michelle Barnet, Philippe Chabot, Tom Okany, Patrick Peacock, Jaclyn Vallis (staff).

Committee Overview:

The committee is dedicated to providing funding for Age Group athletes to compete at the Canadian and World Championships. The Triathlon Canada Long Term Athlete Development (LTAD) recognizes the 'Active for Life' stage and the desire to have athletes compete at a very high level in Age Group National and World Championships. The funding of Age Group Performance Athletes enhances the continued participation and success of these athletes.

Age Group Performance Committee (AGPC) 2006 Highlights:

Based on last year's recommendations, the High Performance Committee was split into two committees, the Age Group Performance Committee and the Elite High Performance Committee.

Athlete assistance funding for Triathlon related competitions (Winter Triathlon, Aquathlon), Ironman and Long Course Triathlon were moved to the Elite High Performance Committee.

The Age Group Time Standards were adjusted to reflect research done by Marc Fournier on declining performance as age increases.

Age Group Performance:

Four Manitoba athletes competed at the Canadian Triathlon Championships in Brampton Ontario with three medals earned: Jeff Morier and Doug Pickering (Gold), Linda Markham (Silver) and Cherrie Fournier (5th).

Four athletes were named to the National Triathlon team to compete at the Age Group World Championships: Erin Braun, Cherrie Fournier, and Doug Pickering.

One Manitoba athlete, Jared Spier, competed at the Duathlon World Championships in Cornerbrook, Newfoundland. He posted the fastest bike split in the race. Dan Morwood, a Kenora club member, won the World Championship for his age group.

Funding Summary: Event (number of athletes funded)

Duathlon World Championships (1)
Age Group Nationals (4)
Age Group World Championships (1)

Recommendations for 2007:

Over 50 Manitoba athletes competed in Long Course, Half Ironman, and Ironman events in 2006. One Manitoba athlete, Luc Guillette has qualified for the Ironman World Championships in Hawaii, and Dan Morwood, Scott Taylor, Edie Fisher finished first in their age group in long distance races.

The Age Group Performance Committee should review the policy of funding Age Group athletes for long distance triathlon events.